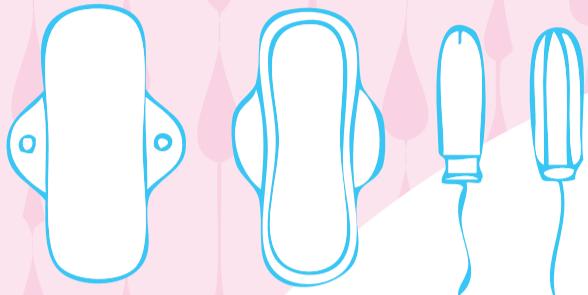


# TAEM BLONG SIKMUN :

## MENSTRUEL HAEJIN



Yusum niu napkin /  
klin kaliko o Stay Free  
oltaem.

Wasem han wetem  
wota mo sop **bifo mo afta**  
we yu jenisim napkin  
/ kaliko blong yu.



Kaveremap mo sakem napkin  
o Stay Free we yu yusum finis  
long tin doti we i gat lid blong  
hem mo long stret ples.



No sakem napkin  
o Stay Free  
we yu yusum finis  
long flas toelet.



Mekem sua se yu swim gud  
oltaem wetem wota mo sop  
mo **stap klin oltaem**  
taem yu luk  
sik mun.

