





FOOD SECURITY AND AGRICULTURE CLUSTER

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MINIMUM FOOD RATION STANDARD

A major food shortage throughout much of Vanuatu is expected as a result of Cyclone Pam. Serious protein-energy malnutrition and micronutrient deficiencies that will inevitably follow the cyclone damage and will add greatly to the burden of disease and mortality, slow - or even impede altogether - socioeconomic recovery, and make intense additional demands on scarce resources.

The table below should be considered the minimum guidelines for all Emergency Food Aid. This information has been derived from global standards and domestic nutrition expertise.

A ration is based on providing 2,000 kcal per person per day: Individual energy requirements are estimated for different population groups according to age, gender, weight and physical activity level. This mean per capita energy requirement is not specific to any age or sex group and should therefore not be considered as the requirement of a particular individual. The estimate of 2,000 kcal/person/day was also designed to include the needs of pregnant and lactating women within the population¹.

Vanuatu FSAC endorses all international guidance² on meeting the special nutritional needs of the most vulnerable persons (infants, young children, pregnant and breastfeeding women, sick, elderly).

	Minimum Emergency Food Rations			
	1 day		5 days	
	1			
	person	5 people	1 person	5 people
Rice	400g	2kg	2kg	10kg
Canned fish in oil or				
canned corned beef	100g	500g	500g	3kg
Biscuits	50g	250g	250g	1kg
Tinned greens	200g	1kg	1kg	5kg

This option provides 100% energy (2,000 kcal/day), 100% protein and 80% fat daily adult requirements.

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¹ Contact the FSAC for age-sex specific requirements

² http://www.unhcr.org/45fa745b2.pdf